

Elements of Watercolour



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PLEASE GET READY in advance of your course!

I have provided a few amazon.ca links to make purchasing your materials a little easier.

CLICK my YOUTUBE VIDEO link to see how I set up my space: <https://youtu.be/yCynETN6piU>

PAPER:

You'll need 2-3 11" x 14" sheets of 140 lb cold pressed paper EACH SESSION.

You will always have a small TEST STRIP (roughly 3" x 8") of the same paper beside your palette to test color and the load of your brush at all times.

- If you're working with large individual sheets you'll need to cut into ¼'s and tape down on a support board.
- If your paper is in a pad – remove a sheet and mount to your support board: like gator board or masonite or plexiglass that is slightly larger than the sheets you are painting on
- *If you are working on a "block", you're all set!

Start by TAPING an 11" x 14" (or 11" x 15") sheet down on a support board. I am using 140 lb 100 % RAG cold pressed *If you bought individual sheets (look for the watermark) put the side that read correctly facing up

Ideally your paper is 100% or COTTON (which would be indicated on the pad or packaging)

Recommended brands of 100% :

- Arches Bright White (Artist Quality)
- Winsor & Newton Bright White (Artist Quality)
- Canson Heritage (Artist Quality)
- Fabriano Bright White (Artist Quality)

BRUSHES:

(This is a rough guideline, you can use whatever the closest thing is that you have... but be sure they are meant for watercolor!)

HERE IS A VERY GOOD (affordable) SET: <https://amzn.to/3w93k4N>

Or, you can purchase individual brushes:

- Stiff Synthetic Brush for mixing (I use my FILBERT) <https://crystalbeshara.com/brushes/ivoryfilbert>
- Small, Synthetic Fan brush (I use my "FLING") <https://crystalbeshara.com/brushes/flingfanbrush>
- Round brushes #1, #3, #8 or #10 (SOFT synthetic or natural or hybrid)
- Rigger or Liner #1 (I prefer ynthetic) <https://crystalbeshara.com/brushes/ivoryrigger>
- ¾" synthetic flat or ½" synthetic flat (or both!) <https://crystalbeshara.com/brushes/ivoryflatbrushes>
- 1inch OR 1.5" wash brush (preferable natural hair)

I'm using paint brushes from my private label! MASTRIUS MEMBERS: GET 15% OFF Brush orders over \$50 with Discount Code: WELCOMESAVE! <https://crystalbeshara.com/brushes>

OTHER TOOLS:

- MASKING FLUID. The best one to use is “Pebeo Drawing Gum” <https://amzn.to/3SxLdwZ>
- 2H & HB pencil
- 1” masking tape
- 2 jars of water
- paper towel or a rag & 1 box of tissue
- soap (small chunk of any bar soap)
- test strip of the same watercolour paper you are using
- support board like gator board or masonite or plexiglass that is slightly larger than the sheets you are painting on

PALETTE: ONE of the following

Whatever you choose, it needs to be clean, white and have contained mixing spaces as with at least 12-14 wells to pre-squeeze your paints into. You only need to squeeze out about 1.2 TSP of paint into each well. (see paints on next page)

- \$39.99 OR This is MY favourite “STUDIO” palette Excellent mixing space, plenty of wells, and premium porcelain... so easy to clean & does not bead up
<https://amzn.to/3GDFDD9>

OR

- \$ 10 PLASTIC folding palette: <https://amzn.to/3TmfsHc>

OR

- \$50 LARGE plastic palette <https://amzn.to/3LlFMiB>

(materials continued on next page)...

PAINTS

GET YOUR PAINTS READY AHEAD OF TIME:

I prefer that you work with tubes, I RECOMMENDED “Artist” brands : Winsor & Newton, Da Vinci, Daniel Smith, or good quality “STUDENT” brand like: Cotman. Van Gogh or Staedtler

At least one day before class: Squeeze out into a palette as shown in the diagram on the next page.

It is ok for them to dry out for a few days. There is little to no waste with watercolour!

- PAINT I use Da Vinci brand paints - a professional grade artist watercolour, I have listed the colours and layout below, however any transparent or TUBE watercolour will do, in colours that match as close as possible to the ones listed below. Note we do not use white or black.
- *TO MAKE LIFE A LITTLE EASIER & MORE BUDGET FRIENDLY EITHER ONE OF THESE PAINT TUBE SETS WOULD WORK:*
- COTMAN (Winsor & Newton's entry level line) <https://amzn.to/42zo1CT> (\$56)
OR
- THIS BEGINNER SET WATERCOLOUR TUBES <https://amzn.to/49t3ulV> (\$6)

If you want to copy the EXACT PAINT COLORS I use:

- Hookers Green DARK (*preferable to the alternative of Winsor Green or Viridian*)
- Sap Green
- Phthalo Blue
- Prussian Blue
- Ultramarine
- Violet (*ideally use Dioxazine * not too red and not too blue*)
- Alizarin Crimson
- Permanent Red (*preferable to the alternative of Cadmium Red*)
- Gamboge Yellow (*preferable to the alternative of Cadmium Yellow*)
- Hansa Yellow Light (*preferable to the alternative of Lemon Yellow*)
- Raw Sienna
- Burnt Sienna
- Burnt Umber

(diagram on next page)...



Hookers Green Dk



Sap Green



Phthalo Blue



Prussian



Ultramarine



Mauve



Permanent Rose



Opus Pink

My Watercolour Palette

made up of Artist quality paints by
Da Vinci
is comprised exclusively of
transparent and semi transparent colours,
resulting in luminous and vivid tones perfect for glazing.



Alizarin Crimson



Permanent Red



Gamboge



Hansa Yellow Light



Raw Sienna



Burnt Sienna Deep



Burnt Umber



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